

## Who can administer

May be administered by registered competent doctor or nurse/midwife

## Important information

- Unlicensed product
- To be used when stocks of intravenous Pabrinex are exhausted
- Facilities for treating anaphylaxis should be available when administering this preparation

## Available preparations

Thiamine Vitamin B1 **200mg in 2ml** ampoule (Hevert)Â

Thiamine Vitamin B1 **100mg in 2ml** ampoule (Ratiopharm)Â

**Note: two different strengths available- take care in selection**

## Reconstitution

Already in solution

Draw up using a 5 micron filter needle

**Dilute further prior to administration**

## Infusion fluids

Sodium chloride 0.9% or Glucose 5%

## Methods of intravenous administration

**Intermittent intravenous infusion (administer using an electronically controlled infusion device)**

- Add the required dose to 100mL of infusion fluid
- Administer over 30 minutes
- A 50mL infusion may be used if required (eg fluid restriction) but the residual volume in the infusion line must be flushed through at the same rate to avoid significant underdosing

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## Dose in adults

**Prophylaxis of Wernicke's Encephalopathy associated with alcohol-use disorders**Â <sup>(ref 2)</sup>

- Give 200 to 300mg once a day for 3 days
- Then switch to oral thiamine 100 to 300mg daily, continued until patient is no longer at risk

**Treatment of Suspected or Established Wernicke's Encephalopathy** Â <sup>(ref 2)</sup>

- Give 300 to 500mg\* three times a day for at least 5 days (\*Higher dose recommended in patients with

alcohol dependence. (Lower treatment doses eg 200mg three times a day recommended in patients without alcohol dependence.)

- Continue until no further improvement in signs and symptoms, or Wernicke's encephalopathy has been excluded
- Then switch to oral thiamine 100mg tds, continued until patient is no longer at risk

### **Refeeding syndrome** <sup>(ref 2)</sup>

- Thiamine should only be used for patients with intestinal failure at high risk or extremely high risk of refeeding syndrome where the oral or enteral route is unavailable
- Give 200mg once daily for 3 days (5 days for higher-risk patients)

## Storage

Store below 25°C

## References

No SPC

1. Injectable medicines guide- Medusa, downloaded 26/09/2024
2. [HSE guidelines July 2024](#)

## Therapeutic classification

Vitamins