# Ketamine intravenous for PAIN management in adults



#### Who can administer

Administration RESTRICTED - see Appendix 1

# Important information

- This monograph refers to the use of the drug in pain management (unlicensed indication)
- May only be used by anaesthetics, pain control team, critical care teams
- Take great care in selecting correct strength. Independent 2nd person check is always required
- Draw up ONLY the dose required into the syringe
- Critical care bed required
- If ketamine is required by the subcutaneous route See QPulse CLN NM 0542
- Stored in CD press, MDA regulations apply (storage and recording requirements)
- See under Further information for details on contraindications
- For Y-site compatibility see below

# Available preparations

Ketamine Sintetica 100mg per 10ml **ampoule** - unlicensed (Stocked while licensed product is in short supply)

Ketalar 200mg per 20ml vial (10mg/ml)

Ketalar 500mg per 10ml vial (50mg/ml)

#### Reconstitution

Already in solution

If ampoule being used: draw up using a 5 micron filter needle

### Infusion fluids

Sodium chloride 0.9% or Glucose 5%

### Methods of intravenous administration

#### **Bolus intravenous injection**

- Dilute to a concentration of 1mg/ml and administer required dose over at least 60 seconds
- More rapid administration may result in respiratory depression and enhanced pressor response (ref 1)

#### **Continuous intravenous infusion (for pain management)**

- Dilute to a concentration of 1mg/ml with infusion fluid (ref 1)
- Administer via a syringe driver

#### Dose in adults

#### **Usual dose (for pain management)** (ref 3)

- Bolus dose: give 1 to 2mg. May be repeated every five minutes as required up to a maximum dose of 20mg
- Infusion: Give 1 to 5mg per hour
- Contact pain team for further information regarding dose adjustments if required

# Monitoring

• Critical care bed

#### Further information

#### **Relative contraindications:** (ref 2)

- Poorly controlled cardiovascular disease
- Pregnancy, psychosis
- Severe hepatic dysfunction (eg cirrhosis) (use with caution in those with moderate hepatic disease)
- Elevated intraocular or intracranial pressure

The doses listed in this monograph are lower than those suggested in the literature- this is based on local expert opinion (ref 3)

# Storage

Controlled drug

## References

- 1. Injectable medicines guide, Medusa.nhs.uk Downloaded 11/12/2024
- 2. Consensus guidelines on the use of intravenous ketamine infusions for acute pain management. Regional anaesthesia and pain medicine VOI 43, no.5 July 2018
- 3. Local expert opinion, Dr Olivia Finnerty, Anaesthetist 10th December 2019

# Therapeutic classification

General anaesthetic