# Noradrenaline (Norepinephrine) Intravenous Infusion for Adults



## Who can administer

Administration RESTRICTED - see Appendix 1

## Important information

- Central line administration: administration by infusion in specialist units only- (Critical Care, CCU, ED resus)
- Peripheral line administration (restricted use Critical care, Outreach ONLY)
- Doses given are in terms of noradrenaline BASE
- For Y-site compatibility see below

## Available preparations

Noradrenaline **base 4mg in 50mL** (80 micrograms per mL) solution for infusion (1st line for Central line administration)

Noradrenaline base 2mg per 2mL concentrate for solution for infusion (1:1000) (1st line for Peripheral line administration)

Other strengths also may be available - see Further Information

## Reconstitution

### **Central line administration**

- Noradrenaline base 4mg in 50mL (80 micrograms per mL) solution for infusion: Already in solution
- Ampoules (only) to be diluted further prior to administration (generally only used when the premade solution is unavailable, or when higher concentrations are required) (see Further Information re ampoules)
- Use a 5 micron filter needle when drawing up contents of ampoule

### Peripheral line administration (restricted use - see under Dose below)

- Noradrenaline base 2mg per 2mL concentrate for solution for infusion
- Dilute further prior to administration
- Draw up using a 5 micron filter needle

## Infusion fluids

Glucose 5% (preferred (ref 1)) or Sodium chloride 0.9%

## Methods of intravenous administration

Continuous intravenous infusion (administer using an electronically controlled infusion device)

### **Central line administration**

- Using 4mg base in 50mL
- Administer at a suitable rate, titrated to pressor effect observed- see under 'dose'
- Higher concentrations may occasionally be used- see under Further Information

### Peripheral line administration (restricted use - see under Dose below)

- Noradrenaline base 2mg/2mL **concentrate** for solution for infusion (ampoules)
- Prepare a solution containing 4mg in 250ml (16 micrograms per mL)
- Administer at a suitable rate, titrated to response see 'dose' below

### Dose in adults

### Continuous intravenous infusion - CENTRAL LINE: (Critical Care, CCU, ED resus)

• Note: 4mg **base** in 50mL = 80 micrograms per mL (ref 1)

## There are <u>two different ways</u> of dosing noradrenaline for Central line use

### Important note (ref 3)

- If patient is of normal to high body weight, consider using Method 1 (**STANDARD APPROACH**)- to avoid inadvertent overdose
- If patient is less than 50kg- consider using Method 2 (WEIGHT BASED APPROACH)

### 1: Method 1 (STANDARD APPROACH) (ref 2) - see Table 1 below

- Rate expressed in micrograms/minute
- Initial rate: 5 to 15 micrograms/minute, titrated to target blood pressure
- **Usual dose range:** 2 to 80 micrograms/minute. Higher doses may be required.
- Do not stop infusion suddenly as abrupt withdrawal can result in acute hypotension

Table 1 (STANDARD APPROACH) (Central line) Rate (mL/hr) of a 4mg in 50mL infusion using doses in micrograms/minute																	
Dosage (microgram/minute)	1	2	3	4	5	6	7	8	9	10	15	20	25	30	40	60	80mcg/min
4mg/50ml (rate in mL/hour)	0.75	1.5	2.3	3	3.8	4.5	5.3	6	6.8	7.5	11.3	15	18.8	22.5	30	45	60

### 2: Method 2 (WEIGHT-BASED APPROACH) (ref 2) - see Table 2 below

- Rate expressed in micrograms/kg/minute
- Initial rate: 0.05 to 0.15 micrograms/kg/minute, titrated to target blood pressure
- Usual dose range: 0.025 to 1 microgram/kg/minute
- Do not stop infusion suddenly as abrupt withdrawal can result in acute hypotension

Table 2: (WEIGHT-BASED APPROACH) (Central line) Rate (ml/hr) of a 4mg in 50ml infusion using doses in micrograms/KG/minute Weight of patient in 10kg increments below (rate is given in Â **mL/hour** in this table) Dose(microgram/kg/min)-30kg 40kg 50kg 60kg 70kg 80kg below 0.025 0.6 8.0 0.9 1.1 1.3 1.5 0.05 1.1 1.5 1.9 2.3 2.6 3 3 6 0.1 2.3 3.8 4.5 5.3 5.6 9 0.15 3.4 4.5 6.8 7.9 0.2 4.5 7.5 12 6 9 10.5 0.25 5.6 7.5 9.4 11.3 13.1 15 0.3 6.8 9 11.3 13.5 15.8 18 0.35 7.9 10.5 13.1 15.8 18.4 21 0.4 9 12 15 18 21 24 0.45 10.1 13.5 16.9 20.3 23.6 27 0.5 11.3 15 18.8 22.5 26.3 30 0.55 12.4 16.5 20.6 24.8 28.9 33 0.6 13.5 18 22.5 27 31.5 36 19.5 24.4 29.3 39 0.65 14.6 34.1

## Continuous intravenous infusion (ref 4,5) PERIPHERAL LINE (Critical Care, Outreach ONLY)

- Initial rate: Septic shock
  - 0.05 micrograms/**kg**/minute, titrated to target blood pressure
  - See Table 3 below and also Guideline for the use of vasopressor agents by peripheral intravenous infusion, UHG
  - **Do not stop infusion suddenly** as abrupt withdrawal can result in acute hypotension

Table 3: Peripheral line (restricted use - Critical care/Outreach ONLY)

**Indication: Septic shock** 

Rate (mL/hour) for microgram/kg/min doses using 4mg/250mL infusion

Dose (microgram/kg/minute)	50kg patient	75kg patient	100kg patient
0.05microgram/ <b>kg</b> /minute	9 mL/hr	14 mL/hr	19 mL/hr
0.1microgram/ <b>kg</b> /minute	19 mL/hr	28 mL/hr	38 mL/hr
0.2microgram/ <b>kg</b> /minute	38 mL/hr	56 mL/hr	75 mL/hr
0.3microgram/ <b>kg</b> /minute	56 mL/hr	84 mL/hr	113 mL/hr
0.4microgram/ <b>kg</b> /minute	75 mL/hr	113 mL/hr	150 mL/hr
0.5microgram/ <b>kg</b> /minute	94 mL/hr	141 mL/hr	188 mL/hr

Doses rounded for convenience

## **Peripheral venous access** (ref 4):

- should ideally be of size 20G or more
- be sited proximal to the wrist in the arm
- avoid sites of flexion in awake patients
- avoid sites requiring more than one venepuncture
- there should be a return of blood following insertion and flush easily with 5-10mL of 0.9% sodium chloride

## Monitoring

- Monitor infusion site frequently extravasation may cause local tissue necrosis
- Monitor blood pressure continuously
- Peripheral administration: a staff member competent in the administration of peripheral vasopressor
   MUST supervise the patient

## Further information

#### Alternative concentrations

- For patients requiring high doses you may prepare a solution containing 8mg BASE (= 8mL of 1:1000 solution) in 50mL unlicensed concentration (ref 1)
- Note: 8mg base in 50mL = 160 micrograms per mL
- If CENTRAL line extravasation occurs, give phentolamine subcutaneously (into site of extravasation) 5 to 10mg in 10 to 20mL Sodium chloride 0.9% (ref 2)
- If PERIPHERAL line extravasation occurs, see Guideline for the use of vasopressor agents by peripheral intravenous infusion, UHG
- The product license for the solution for infusion stipulates "adults weighing over 50kg" .However, this monograph does not limit its use in patients below this weight (ref 3)

## Storage

- Store below 25°C
- Do not use if solution is brown, pink or dark yellow, or it contains precipitates

## References

SPC Noradrenaline vials (Pfizer) June 2021

SPC: Noradrenaline pre-filled solution for infusion (Aguettant) March 2020

- 1: Injectable medicines guide- Medusa, downloaded 01/03/2022
- 2: UptoDate. downloaded 11/01/2024
- 3: Kidd, PS. "Noradrenaline 0.08mg/ml solution for infusion: patient's weighing less than 50kg". Personal opinion. September 2022
- 4. Intensive Care Society. Guidance for: The use of vasopressor agents by peripheral intravenous infusion in Adult Critical Care Patients. Version 1.1 November 2022 (interim update). Available from: Intensive Care Society | Vasopressor Agents in Adult ICU (ics.ac.uk) Accessed: 11/01/2024
- 5: Guideline for the use of vasopressor agents by peripheral intravenous infusion, UHG, January 2024

## Therapeutic classification

Vasoconstrictor sympathomimetic