

# Who can administer

May be administered by registered competent doctor or nurse/midwife

# Important information

- Dose MUST be individualised according to renal function and weight a tobramycin dose calculator on the GAPP antimicrobial app for once-daily dosing for non-cystic fibrosis patients should be used to calculate the dose. For Cystic fibrosis (CF) patients- see below Dose
- Once daily dosing is recommended for most patients
- Monitoring requirements see overleaf
- **Do NOT hold** dose in patients less than 65 years of age, with good renal function (CrCl>80ml/min with good urine output) while waiting for levels to be reported **unless** there are reasonable grounds for suspecting toxicity
- However, in patients over 65 years, or with abnormal renal function (CrCl <80ml/min) -it is generally preferable to await the result of the first tobramycin level (before the second dose) before giving the next dose. If the level is <1mg/L and renal function is stable, it is **not necessary** to routinely hold subsequent doses pending levels, unless there are obvious signs of toxicity
- Prolonged duration of treatment and co-administration with nephrotoxins (eg diuretics, NSAIDs, vancomycin) increases the risk of toxicity and should be avoided where possible
- Effective use of tobramycin is complex and should normally be discussed with micro/ID/CF consultants

## Available preparations

Tobramycin 80mg per 2ml vial

## Reconstitution

Already in solution

#### Infusion fluids

Sodium chloride 0.9% or glucose 5%

#### Methods of intravenous administration

#### Intermittent intravenous infusion

- Once daily dose: Add required dose to 100ml infusion fluid and administer over 20 to 60 minutes
- A 50ml infusion may be used if required (eg fluid restriction) but the residual volume in the infusion line must be flushed through at the same rate to avoid significant underdosing

## Dose in adults

#### For non-Cystic Fibrosis patients (ref 1)

• Use the **Tobramycin dosing calculator** in the GAPP app to calculate **once-daily** tobramycin oncedaily dose in **non-CF patients**  • See also this table

#### **Cystic fibrosis patients**

- Give 10mg/kg as a single daily dose if renal function is normal (ref 1)
- Maximum dose is **660mg in children** less than 18 years, and 700mg for all other patients
- If Actual Body Weight exceeds Ideal Body Weight by more than or equal to 20%<sup>(ref 2)</sup>, an Adjusted Dosing Weight should be used to calculate the dose - contact Pharmacy for advice
- Renal impairment: Contact Microbiology

# Monitoring

- Monitor for **ototoxicity** and **nephrotoxicity**
- Monitor tobramycin levels and urine output
- Monitor renal function also as toxicity may occur in patients in whom the aminoglycoside levels have never exceeded the acceptable range
- Take the first level before the second dose. Take the level within one hour before the dose is due
- Blood samples must be labelled with the time sample was taken

Single daily dose	Pre-dose (trough)
	Taken just before next dose i.e. 24 hours
	Less than 1mg/L

Non-CF patients - Levels twice weekly

Cystic fibrosis patients - take level once weekly (if stable renal function)

Renal impairment/nephrotoxic risk/diuretic therapy -- take levels more frequently

#### Storage

Store below 25°C

#### References

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1:GUH antimicrobial guidelines

2: Sanford guide to antimicrobial therapy (Feb 2021)- digital copy accessed Jan 2025

## Therapeutic classification

Aminoglycoside antibiotic

**BNF** Bacterial infection